

DEPT 125 - FOODS AND NUTRITION

Superintendent – Mandy Clay

Premiums: Blue \$1.75 Red \$1.50 White \$1.25 Pink \$1.00

- Open class foods & nutrition is not open to 4-H and FHA exhibitors
- Only one entry per exhibitor under each lot number
- All entry forms must be sent to Gayle Sullwold, 2424 Hwy 63-64, Emerald, Wi. 54013 by **June 22**



CLASS A - YEAST BREADS AND ROLLS

* Bread should be half loaf (standard size)

* Rolls – plate of 3

Lot No.

- | | |
|----------------------|---|
| 1. White Bread | 7. Cinnamon Rolls |
| 2. Rye Bread | 8. Hamburger Buns |
| 3. Whole Wheat Bread | 9. Fancy Yeast Bread - 1/2 Tea Ring
or Braid, Frosted or Unfrosted |
| 4. Raisin Bread | 10. Any other, identify on entry tag |
| 5. Oatmeal Bread | |
| 6. Plain Rolls | |

Reserve Champion - ribbon

Champion - ribbon

CLASS B – Yeast Breads (Bread Maker)

Yeast Bread made with any brand of bread maker,

* ½ loaf cut lengthwise

Lot No.

- | | |
|-----------|-------------------------------------|
| 1. White | 4. Wheat |
| 2. Rye | 5. Any Other, identify on entry tag |
| 3. Raisin | |

Reserve Champion - ribbon

Champion - ribbon



CLASS C - QUICK BREADS

* Quick breads should be half loaf (standard size)

* Muffins & biscuits – plate of 3

Lot No.

- | | |
|--------------------------|--|
| 1. Date Bread | 8. Any Bread Not Listed, identify on entry tag |
| 2. Banana Bread | 9. Banana Muffins |
| 3. Cranberry Bread | 10. Bran Muffins |
| 4. Zucchini Bread | 11. Blueberry Muffins |
| 5. Pumpkin Bread | 12. Any Muffin not listed, identify on entry tag |
| 6. Rhubarb Bread | 13. Baking Powder Biscuits |
| 7. Corn Bread (5" piece) | |

Reserve Champion - ribbon

Champion - ribbon

CLASS D – PIES

*Exhibit in approximately 4" Tart size/pot pie size pan

Lot No.

- | | |
|----------------------------|---|
| 1. Apple Pie, Double Crust | 5. Peach |
| 2. Blueberry | 6. Any Other Fruit Pie, identify on entry tag |
| 3. Cherry | 7. Pie Shell |
| 4. Rhubarb | |

Reserve Champion - ribbon

Champion - ribbon

CLASS E - PACKAGE CAKE MIX

*No Frosting

* Square cakes should be a 5-inch corner square

* Angel food cakes should be a 5-inch section

Lot No.

- | | |
|----------------|--|
| 1. Angel Food | 7. Chocolate cupcakes (3) |
| 2. Devils Food | 8. White cupcakes (3) |
| 3. White | 9. Yellow cupcakes (3) |
| 4. Marble | 10. Any Other Cake, identify on entry tag |
| 5. Spice | 11. Any Other Cupcake, identify on entry tag |
| 6. Yellow | |

Reserve Champion - ribbon

Champion - ribbon

CLASS F - CAKES FROM SCRATCH

- * No Frosting
- * Square cakes should be a 5-inch corner square
- * Angel food cakes should be a 5-inch section

Lot No.

- | | |
|----------------|---|
| 1. Angel Food | 8. Zucchini |
| 2. Devils Food | 9. Any Other Cake, identify on entry tag |
| 3. White | 10. White Cupcakes (3) |
| 4. Spice | 11. Chocolate Cupcakes (3) |
| 5. Carrot | 12. Yellow Cupcakes (3) |
| 6. Yellow | 13. Any Other Cupcake – identify on entry tag |
| 7. Applesauce | |

Reserve Champion - ribbon

Champion - ribbon

CLASS G - COOKIES

- * No frosting unless asked for
- * Plate of three – **Maximum 3” round**

Lot No.

- | | |
|--------------------------|--|
| 1. White Cookies - Soft | 9. Filled |
| 2. White Cookies - Crisp | 10. Unbaked |
| 3. Ginger Cookies | 11. Raisin |
| 4. Chocolate Cookies | 12. Snickerdoodles |
| 5. Peanut Butter Cookies | 13. M & M cookies |
| 6. Oatmeal Cookies | 14. Any Other Frosted, Identify on Entry Tag |
| 7. Chocolate Chip | 15. Any Other Unfrosted, Identify on Entry Tag |
| 8. Icebox | |

Reserve Champion - ribbon

Champion - ribbon

CLASS H – BARS

- * Plate of Three - **2” x 2” square bars**
- * No frosting unless asked for

Lot No.

- | | |
|----------------------|---|
| 1. Brownies | 6. Coconut |
| 2. Pumpkin - frosted | 7. Zucchini |
| 3. Date | 8. Any Other Frosted, identify on entry tag |
| 4. Lemon | 9. Any Other Unfrosted, identify on entry tag |
| 5. Oatmeal | |

Reserve Champion - ribbon

Champion - ribbon

CLASS I - FOREIGN FOODS

Lot No.

- | | |
|---|---|
| 1. Fattigmand, 3 | 6. Foreign Cake, identify on entry tag |
| 2. Sand Bakkels, 3 | 7. Foreign Rolls (3), identify on entry tag |
| 3. Krum Kage, 3 | 8. Rosettes, 3 |
| 4. Lefse, 3 | 9. Any Other, identify on entry tag |
| 5. Foreign Bread, identify on entry tag | 10. Scones – Plate of 3 |

Reserve Champion - ribbon

Champion - ribbon

CLASS J – CANDY

* Plate of Three

Lot No.

- | | |
|-------------------|--|
| 1. Cooked Fudge | 5. Caramels |
| 2. Uncooked Fudge | 6. Molded Cream Cheese Candy |
| 3. Divinity | 7. Candy Exhibit (3 pieces of 3 different kinds) |
| 4. Peanut Brittle | 8. Any Other, identify on entry tag |

Reserve Champion - ribbon

Champion – ribbon

CLASS K – SNACKS\APPETIZERS

* #1-5 in ziplock sandwich bag

* #7-10 in a jelly jar or baby food jar

Lot No.

- | | |
|--------------------------|------------------------------|
| 1. Trail Mix | 6. Pickle Rollups (4 pieces) |
| 2. Chex Mix | 7. Spinach Dip (1/3 cup) |
| 3. Granola | 8. Dill Dip (1/3 cup) |
| 4. Carmel Corn | 9. Shrimp Dip (1/3 cup) |
| 5. Beef Jerky (3 sticks) | 10. Cheese Spread (1/3 cup) |

Reserve Champion - ribbon

Champion – ribbon

CLASS L - DECORATED CAKE

*May use actual cake or decorated pan

*A Wilton cake decorating book will be awarded to best in class. (Donated by Farm and Home in New Richmond)

Lot No.

- | | |
|---|-----------------------------|
| 1. Decorated Birthday, Adult | 4. Decorated cupcakes (3) |
| 2. Decorated Birthday, Child | 5. Gingerbread House |
| 3. Decorated Special Occasion
(Wedding, Baptism, etc.) | 6. Any Other Decorated cake |

Reserve Champion - ribbon

Champion – ribbon

CLASS M – MICROWAVE

Lot No.

- | | |
|--|------------------------|
| 1. Fudge (3 pieces) | 3. Brownies (3) |
| 2. Any Other Candy (3 Pieces), identify on entry tag | 4. Bars or Cookies (3) |

Reserve Champion - ribbon

Champion – ribbon

CLASS N - HEALTHY CHOICES

* Recipe must accompany entry, low fat or low cholesterol or sugar free

Lot No.

- | | |
|--------------------|-------------------------------------|
| 1. Cookies or bars | 4. Nutritious Snack |
| 2. Quick Bread | 5. Muffins |
| 3. Cake | 6. Any other, identify on entry tag |

Reserve Champion - ribbon

Champion - ribbon

CLASS O - DAIRY / REFRIGERATED ITEMS

Lot No.

- | | |
|--|--|
| 1. Dairy dessert (3" square) | 4. Cream Puff with cream filling (2) |
| 2. Cream pie (8" foil pan or 4" tart size pan) | 5. Cream puff with custard filling (2) |
| 3. Pudding from scratch (8 oz clear container) | 6. Éclair (2) |

Reserve Champion – ribbon

Champion – ribbon

CLASS P - CHEESEMAKING

Lot No.

- | | |
|--------------------------------------|--|
| 1. Any named flavor of white cheese | 3. Cheese Curds |
| 2. Any named flavor of yellow cheese | 4. Cheese Spread made with homemade cheese |

Reserve Champion – ribbon

Champion – ribbon

RESERVE GRAND CHAMPION FOOD EXHIBIT (Classes A – P) – ROSETTE
GRAND CHAMPION FOOD EXHIBIT (Classes A – P) – ROSETTE

CLASS Q – 2009 RECIPE CHALLENGE

- Plate of 3 cookies
- Follow the recipe exactly as printed (no additions or substitutions):

Chocolate Chip Shortbread Cookies

½ cup butter, softened
½ cup sugar
1 teaspoon vanilla
1 cup all-purpose flour
¼ teaspoon salt
½ cup mini semisweet chocolate chips

Preheat oven to 375 degrees. Beat butter and sugar in large bowl with electric mixer at medium speed until light and fluffy. Beat in vanilla. Add flour and salt. Stir in chips.

Divide dough in half. Press each half into ungreased 8-inch round cake pan. Bake 12 minutes or until edges are golden brown. Score shortbread with sharp knife, taking care not to cut completely through shortbread. Make 8 wedges per pan.

Let pans stand on wire racks 10 minutes. Invert shortbread onto wire racks; cool completely. Break into wedges.

Lot No.

1. Enter plate of 3 cookies

RESERVE GRAND CHAMPION RECIPE CHALLENGE – ROSETTE

GRAND CHAMPION RECIPE CHALLENGE – ROSETTE and a cookbook donated by the Open Class Committee.

CLASS QQ – 2010 RECIPE CHALLENGE

- Plate of 3 Bars
- Follow the recipe exactly as printed (no additions or substitutions):

Chewy Granola Bars

4 cups oatmeal (not instant)
1 teaspoon ground cinnamon
½ cup raisins
½ cup dry roasted peanuts
½ cup shredded coconut
½ cup semisweet chocolate chips
¾ cup melted butter
½ cup honey
1 teaspoon vanilla extract

1 cup packed dark brown sugar

Preheat oven to 450 degrees. Grease well an approximately 10 inch by 14 inch jelly roll pan and set aside.

Mix the first six ingredients in a large bowl. Mix together the last four ingredients pour over the dry ingredients and mix well. Pour into the jelly roll pan and pack down gently.

Bake 8-10 minutes (ovens will vary) or until golden brown. Cool completely and cut into 2 inch squares. Store in an air tight container to keep chewy.

Lot No.

1. Enter plate of 3 Bars

RESERVE GRAND CHAMPION RECIPE CHALLENGE – ROSETTE

GRAND CHAMPION RECIPE CHALLENGE – ROSETTE and a cookbook donated by the Open Class Committee.

FOOD PRESERVATION

CLASS R - DRIED FOODS

* Exhibit in Zip Lock Sandwich Bag

Lot No.

1. Veggies

4. Herbs

2. Fruit

5. Beans or Lentils

3. Leather

Reserve Champion - ribbon

Champion – ribbon

CLASS S - FLAVORED VINEGARS

Lot No.

1. Herb

3. Any other, identify on entry tag

2. Garlic

Reserve Champion - ribbon

Champion – ribbon

ALL JARS MUST BE PROPERLY LABELED USING LABELS LIKE THE SAMPLE BELOW:

Name of Product _____

Date Processed _____

(MORE LABELS IN BACK OF FAIR

BOOK)

Boiling water bath _____ Time _____

Steam Pressure in lbs. _____ Time _____

Type of Pack: Hot _____ Cold _____

Source / Year of Books _____

- Labels must be taped approximately 1" from the bottom of the jar - failure to attach label will result in disqualification.
- All canned foods must be in standard jars.

- Wash jars in vinegar before bringing to fair to remove lime deposits
- Follows guidelines in *Wisconsin Safe Food Preservation Series* from University of Wisconsin – Extension or Ball Blue Books
- Remove Rings

CLASS T - CANNED FRUIT

Lot No.

- | | |
|-------------------------|---------------------------------------|
| 1. Canned Peaches | 7. Canned Red Cherries |
| 2. Canned Red Raspberry | 8. Canned Applesauce |
| 3. Canned Pears | 9. Canned Apricots |
| 4. Canned Bing Cherries | 10. Canned Fruit Juice |
| 5. Canned Plums | 11. Any other – identify on entry tag |
| 6. Canned Rhubarb | |

Reserve Champion - ribbon

Champion - ribbon

CLASS U - CANNED VEGETABLES

Lot No.

- | | |
|-------------------------------|--------------------------------------|
| 1. Canned Corn, cut off | 10. Spaghetti Sauce |
| 2. Canned Yellow Beans | 11. Vegetable Juice |
| 3. Canned Green Beans | 12. Tomato sauce |
| 4. Canned Beets | 13. Tomato paste |
| 5. Canned Tomatoes, Whole | 14. Meatless vegetable soup |
| 6. Canned Tomatoes, Quartered | 15. Any other, identify on entry tag |
| 7. Canned Tomatoes, Stewed | |
| 8. Canned Tomato Juice | |
| 9. Canned Carrots | |

Reserve Champion – ribbon

Champion – ribbon

CLASS V - PICKLES AND RELISH

Lot No.

- | | |
|-----------------------------|---|
| 1. Dill Pickles | 7. Zucchini Relish |
| 2. Cucumber, Sweet Pickles | 8. Salsa |
| 3. Beet Pickles | 9. Pickled peppers |
| 4. Pepper Relish | 10. Cucumber relish |
| 5. Chunk Pickles | 11. Any other pickle, identify on entry tag |
| 6. Bread and Butter Pickles | 12. Any other relish, identify on entry tag |

Reserve Champion – ribbon

Champion - ribbon

CLASS W - JELLY

*Display in regular jelly glasses with covers or standard jars

Lot No.

- | | |
|------------------------|---------------------------------------|
| 1. Plum Jelly | 6. Grape Jelly |
| 2. Currant Jelly | 7. Black Raspberry Jelly |
| 3. Red Raspberry Jelly | 8. Cranberry |
| 4. Crab Apple Jelly | 9. Apple |
| 5. Strawberry Jelly | 10. Any other, identify on entry tags |

Reserve Champion - ribbon

Champion - ribbon

CLASS X - JAM

Lot No.

- | | |
|----------------------|-------------------------------------|
| 1. Red Raspberry Jam | 5. Blueberry Jam |
| 2. Blackberry Jam | 6. Strawberry Jam |
| 3. Apple Butter | 7. Any other, identify on entry tag |
| 4. Peach Jam | |

Reserve Champion – ribbon

Champion - ribbon

CLASS Y - Fruit Syrups

Lot No.

- | | |
|---------------------|--|
| 1. Blueberry Syrup | 3. Raspberry Syrup |
| 2. Strawberry Syrup | 4. Any other Fruit Syrup – Identify on Tag |

RESERVE GRAND CHAMPION FOOD PRESERVATION EXHIBIT (Classes R–X) - ROSETTE

GRAND CHAMPION FOOD PRESERVATION EXHIBIT (Classes R-X) – ROSETTE